

# September 2010 Arendale

Key: **FG**-Fun & Games main activity room **CY**-Courtyard **Art** is in the Art Studio and **SC** Spiritual Center all located on the main floor.

| Sun  | Mon  | Tue  | Wed   | Thu   | Fri   | Sat   |
|--|--|--|---|---|---|---|
|  |  |  | 1<br>9:45 Fun & fit<br><br>2:30 Bowling FG<br><br>4:00 Room Service                     | 2<br>10:Res.council<br>2:00 Card & game<br>6:30 Pub social Lounge Brothers              | 3<br>8:00 Men's Breakfast<br><br>2:30 Back to School Trivia             | 4<br><br>1:00 Tai Chi<br><br>2:00Social in <b>FG</b>                    |
| 5<br>9:30 Art<br><br>2:30 Worship <b>FG</b><br>3:30 Sikh Service in <b>SC</b>      | 6<br><br>Labour Day  | 7<br><br>10:00 Baking<br><br>10:00 Rosary<br><br>2:30 Bingo                      | 8<br>10:00 Honey Tree Daycare<br><br>11:00 Curling<br>2:30 Bowling<br>4:00 room service | 9<br><br>10:00 Knitting <b>L</b><br>2:00 Cards & Games<br>6:30 Pub Social               | 10<br><br>Lunch outing<br><br>2:00 Movie in F&G                         | 11<br>D<br><br>1:00 Tai Chi<br><br>2:00 Social in F&G                   |
| 12<br>9:30 Art<br>1:15 Sikh Service in <b>SC</b><br><br>2:30 Worship <b>FG</b>     | 13<br><br>10:00 Music<br>1:30-3:00 Crafts<br><br>2:00 LP Choir | 14<br>10:00 Rosary<br>10:30 Gentle fit<br>2:30 Bingo<br>4:00 Mobile Market       | 15<br><br>10:00 RC Mass<br><br>2:30 Vaudvillians Variety Show                           | 16<br>10:00 Knitting <b>L</b><br><br>6:30 Pub FG Alan B                                 | 17<br><br>Scenic drive<br><br>2:00 Special Tea                          | 18<br>Mobile Market<br><br>1:00 Tai Chi<br>2:00Social in <b>fg</b>      |
| 19<br>9:30 Art<br>1:15 Sikh Service in <b>SC</b><br><br>2:30 Worship <b>FG</b>     | 20<br><br>10:00 Music<br>1:30-3:00 Crafts<br><br>2:00 LP Choir | 21<br>9:45Active game<br>11:00 Sal Army<br>2:30 Bingo<br>4:00 Room Service       | 22<br>9:45 Trivia /Fit<br>12:Harvest Lunch Pork chops<br><br>2:30 Bowling               | 23<br>10:00 Knitting <b>L</b><br><br>2:30 Fall Trivia<br><br>6:30 Pub night Paddy E     | 24<br>Mystery trip<br><br>2:30 High Tea @ pumpkin tarts In the F&G room | 25<br>Donut Day<br><br>1:00 Tai<br>2:00 B-day party Sentimental Journey |
| 26<br><br>9:30 Art<br>1:15 Sikh Service in <b>SC</b><br><br>2:30 Worship <b>FG</b> | 27<br>10:00 Music<br><br>1:30-3:00 Crafts<br><br>2:00 LP Choir | 28<br><br>10:00 Rosary<br>11:00 Lunch out<br>2:30 Bingo<br><br>4:00 Room Service | 29<br><br>10:00 Fun & Fit<br><br>2:30 Bowling   | 30<br>10:00 Knitting <b>L</b><br><br>2:30 Kennedy<br><br>Choir in F&G<br>6:30 Pub Shawn |   |   |

